

*Chapter 1*  
**Observing the Armies on the  
Battlefield of Kurukṣetra**

---

**[1-11] Comparison of the opposing armies**

1. Dhṛtarāṣṭra inquires about the battle from Sañjaya
- 2-3. Sañjaya begins by describing what Duryodhana is saying
- 4-6. Assessment of the Pāṇḍava's army
- 7-9. Assessment of the Kaurava's army
- 10-11. Duryodhana's faith and concern for Grandfather Bhīṣma

**[12-19] Blowing of the conchshells**

- 12-13. Kauravas blow their conchshells
- 14-18. Pāṇḍavas blow their transcendental conchshells
19. Effects of the blowing of Pāṇḍavas conchshells

**[20-27] Arjuna observes the opposing army**

- 20-23. Arjuna requests Lord Kṛṣṇa to place his chariot in the middle of both armies
- 24-25. Lord Kṛṣṇa fulfills Arjuna's request
- 26-27. Arjuna observes the opposing army

**[28-46] Arjuna refuses to fight and gives his reasons**

- 28-30. Reason 1 - Compassion
  - 31-35. Reason 2 - Enjoyment
  - 36-38. Reason 3 - Sinful reactions
  - 39-43. Reason 4 - Destruction of the family traditions
  - 44-46. Arjuna gives up his determination to fight
- 

*“Hari Om Tat Sat”*

*Chapter 2*  
**Contents of the Gītā Summarized**

---

**[1-10] Arjuna’s confusion and surrender**

- 1-3. Lord Kṛṣṇa criticizes Arjuna and orders him to fight
- 4-6. Arjuna restates his reasons against fighting
- 7-8. Arjuna is confused and surrenders to Lord Kṛṣṇa
- 9-10. Arjuna reveals his mind to Lord Kṛṣṇa

**[11-30] Sāṅkhya-yoga**

- 11-13. Basic instructions on the soul
- 14-25. Lord Kṛṣṇa restates and strengthens his previous points
- 26-30. Even if there is no soul or reincarnation

**[31-38] Why Arjuna must fight**

- 31-32. Reasons for fighting
- 33-36. Consequences of not fighting
- 37-38. Benefits of fighting

**[39-53] Buddhi-Yoga / Niṣkāma-Karma-Yoga**

- 39-41. Glories of Buddhi-Yoga
- 42-44. Faults of acting without Buddhi-Yoga
- 45-46. Contents and purpose of the Vedas
- 47-49. How to act in Buddhi-Yoga
- 50-51. Results of acting in Buddhi-Yoga
- 52-53. How to achieve Buddhi-Yoga

**[54-72] Sthita-prajña**

- 54. Arjuna asks four questions regarding a Sthita-prajña
- 55. Answer 1 - Ones general symptoms
- 56-57. Answer 2 - How one speaks
- 58-63. Answer 3 - How one sits / restrains oneself
- 64-71. Answer 4 - How one walks / engages in activity
- 72. Glories of a Sthita-prajña

---

*“Hari Om Tat Sat”*

## *Chapter 3*

# Karma-Yoga

---

### [1-8] Performance of duty / Sāṅkhya-Yoga vs. Karma-Yoga

- 1-2. Arjuna's confusion
- 3-6. Inferiority of Sāṅkhya-Yoga
- 7-8. Superiority of Karma-Yoga

### [9-16] Vedic sacrifices

- 9. For achieving freedom from material bondage
- 10-12. For the prosperity of man and demigods
- 13. Results of performing and not performing
- 14-15. For the natural balance
- 16. Conclusion

### [17-24] Prescribed duties for the self-realized and the Lord

- 17-21. Prescribed duties for the self-realized
- 22-24. Prescribed duties for the Lord

### [25-29] Character of the learned and the unlearned

- 25-26. How the learned should behave
- 27-29. Difference between the learned and the unlearned

### [30-35] Prescribed duties without attachment or hatred

- 30. How to be free from attachment to work and the results
- 31-33. Results of following and not following Lord's teachings
- 34-35. Achieving freedom from attachment and hatred

### [36-43] Lust - the sinful enemy

- 36. Arjuna inquires about the root cause of sin
- 37. Lord Kṛṣṇa mentions lust as the root cause of sin
- 38-39. Workings of lust
- 40. Sitting places of lust
- 41-43. Conquering lust

---

*“Hari Om Tat Sat”*

## *Chapter 4*

# Transcendental Knowledge

---

### [1-15] Transcendental knowledge about Lord Kṛṣṇa

- 1-2. 1-His song: Origins of Bhagavad-gītā
- 3. 1-His song: Qualifications to hear Bhagavad-gītā
- 4-5. 2-His appearance: He knows everything
- 6-8. 2-His appearance: Nature of and reasons for His appearance
- 9-10. 2-His appearance: Result of knowing His appearance and activities
- 11. 3-His activities: How He deals with everyone
- 12. 3-His activities: Why some people take shelter of the demigods
- 13-14. 3-His activities: Understanding His divine activities
- 15. 3-His activities: Following the great personalities

### [16-23] Types of actions

- 16-17. Why one must understand them
- 18. Intelligent people can distinguish between them
- 19-23. Actions of the intelligent people

### [24-33] Types of sacrifices

- 24-29. Twelve types of sacrifices
- 30-32. Importance and results of sacrifices
- 33. The best type of sacrifice

### [34-42] Acquiring transcendental knowledge

- 34. Method
- 35-38. Results
- 39-40. Eligibility
- 41-42. Practice

---

*“Hari Om Tat Sat”*

*Chapter 5*  
**Karma-Yoga**  
**(Action in Kṛṣṇa Consciousness)**

---

**[1-6] Sāṅkhya-Yoga vs. Karma-Yoga**

1. Arjuna's confusion
- 2-6. Sāṅkhya-Yoga and Karma-Yoga are same; however, Karma-Yoga is better

**[7-12] Performance of Karma-Yoga and Sāṅkhya-Yoga**

7. Performance of Karma-Yoga
- 8-9. Performance of Sāṅkhya-Yoga
10. Performance of Bhakti-Yoga
- 11-12. Performance of Karma-Yoga and its results

**[13-26] Sāṅkhya-Yoga and its results**

- 13-17. How to be detached from ones actions and their results
- 18-22. Characteristics of an enlightened soul - his vision
- 23-26. Characteristics of an enlightened soul - his behavior

**[27-29] Dhyāna-Yoga and Bhakti-Yoga**

- 27-28. Perfection through Dhyāna-Yoga
  29. Perfection through Bhakti-Yoga
- 

*“Hari Om Tat Sat”*

## Chapter 6

# Dhyāna-Yoga

---

### [1-4] Niṣkāma-Karma-Yoga / Character of an elevated yogī

- 1-3. Niṣkāma-Karma-Yoga
- 4. Character of an elevated yogī

### [5-9] Deliverance of the self

- 5-6. How and why to deliver the self
- 7-9. Results of delivering the self

### [10-32] Dhyāna-Yoga

- 10. Introduction
- 11-12. Where and how to sit
- 13-15. Personal meditation and its results
- 16-17. Regulations for eating, sleeping, and recreation
- 18-23. Achieving Samādhi and its results
- 24-28. Impersonal meditation and its results
- 29-32. Vision and actions of a successful Dhyāna-Yogī

### [33-36] Controlling the mind

- 33-34. Arjuna doubts the possibility of controlling the mind
- 35-36. Kṛṣṇa assures the possibility of controlling the mind

### [37-45] Fate of an unsuccessful yogī

- 37-39. Arjuna desires to know the fate of an unsuccessful yogī
- 40-45. How an unsuccessful yogī achieves success

### [46-47] Glory of a Dhyāna-Yogī and a Bhakti-Yogī

- 46. Glory of a Dhyāna-yogī
  - 47. Glory of a Bhakti-yogī
- 

*“Hari Om Tat Sat”*

*Chapter 7*  
**Knowledge of the Absolute**

---

**[1-12] Phenomenal and numinous knowledge**

1-3. Complete and rare knowledge of Kṛṣṇa

4-7. Material elements, the living entities, and their relationship to each other and to Kṛṣṇa

8-12. Kṛṣṇa - the source of everything

**[13-19] Surrender to Kṛṣṇa**

13-14. Kṛṣṇa - the controller of three modes

15. Four kinds of impious people who do not surrender to Kṛṣṇa

16-19. Four kinds of pious people who surrender to Kṛṣṇa

**[20-25] Surrender to the demigods / Impersonal conception**

20-23. Surrender to the demigods

24-25. Surrender to the impersonal conception

**[26-30] Bewilderment and freedom**

26-27. Bewilderment of those who do not recognize and serve Kṛṣṇa

28-30. Freedom of those who do recognize and serve Kṛṣṇa

---

*“Hari Om Tat Sat”*

## *Chapter 8*

### Attaining the Supreme

---

#### [1-7] Arjuna's eight questions and Lord Kṛṣṇa's answers

1-2. Arjuna inquires about:

1. brahma [Brahman];
2. adhyātma [the self];
3. karma [fruitive activities];
4. adhibhūta [the material manifestation];
5. adhidaiva [the demigods];
6. adhiyajña [the Lord of sacrifice];
7. how does adhiyajña live in the body;
8. how can Kṛṣṇa be remembered at the time of death

3-4. Lord Kṛṣṇa answers the first seven questions

5-7. Lord Kṛṣṇa answers the eighth question

#### [8-16] Remembrance of Kṛṣṇa / Glories of attaining Him

8-9. Remembrance of Kṛṣṇa through personal meditation

10-13. Remembrance of Kṛṣṇa through impersonal meditation

14. Remembrance of Kṛṣṇa through devotional service

15-16. Glories of attaining Kṛṣṇa

#### [17-22] Material and spiritual worlds

17-19. Creation and annihilation of the material worlds

20-22. Glories of the supreme spiritual abode

#### [23-28] Attaining the Supreme through mystic yoga and Bhakti-yoga

23-26. Attaining the Supreme through mystic yoga

27-28. Superiority of Bhakti-Yoga in attaining the Supreme

---

*“Hari Om Tat Sat”*



*Chapter 9*  
**The Most Confidential Knowledge**

---

**[1-3] The supreme knowledge**

- 1-2. Qualification to hear / Glory of supreme knowledge
- 3. Disqualification to hear

**[4-10] Kṛṣṇa's supreme position**

- 4-6. Kṛṣṇa's mystic opulence
- 7-10. Creation and annihilation of the material world

**[11-15] Fools, devotees, and others**

- 11-12. Fools
- 13-14. Devotees
- 15. Others

**[16-25] Indirect worship / Direct worship**

- 16-20. Indirect worship
- 21-25. Indirect worship is inferior / Direct worship is superior

**[26-34] Devotional service**

- 26-28. How to perform devotional service and its results
- 29-31. Kṛṣṇa's special mercy to those who engage in His devotional service
- 32-33. Everyone can and must take up devotional service to Lord Kṛṣṇa
- 34. Summary of devotional service

---

*“Hari Om Tat Sat”*

*Chapter 10*  
**The Opulence of the Absolute**

---

**[1-7] Kṛṣṇa's supreme position**

- 1-3. Kṛṣṇa—the mysterious origin of everything
- 4-6. Kṛṣṇa's opulence and mystic powers
- 7. Result of knowing Kṛṣṇa's opulence and mystic powers

**[8-11] Devotional service / Essence of Bhagavad-gītā**

- 8-9. Understanding Kṛṣṇa and engaging in His devotional service
- 10-11. Kṛṣṇa's special mercy to those who engage in His devotional service

**[12-18] Arjuna accepts Kṛṣṇa's supreme position and requests to hear more of His opulence**

- 12-15. Arjuna prays and accepts Kṛṣṇa's supreme position
- 16-18. Arjuna requests Kṛṣṇa to describe more of His opulence

**[19-42] Kṛṣṇa's opulences and mystic powers**

- 19-40. Kṛṣṇa's opulences
- 41-42. Kṛṣṇa's mystic powers

---

*“Hari Om Tat Sat”*

## *Chapter 11*

# The Universal Form

---

### [1-4] Arjuna acknowledges Kṛṣṇa's supreme position and requests Him to show His universal form

- 1-2. Arjuna acknowledges Kṛṣṇa's supreme position
- 3-4. Arjuna requests Kṛṣṇa to show His universal form

### [5-34] Vision of the universal form

- 5-8. Kṛṣṇa describes the universal form and gives Arjuna divine eyes
- 9-14. Sañjaya describes the universal form as seen by Arjuna
- 15-31. Arjuna's vision of the universal form)
- 32-34. Kṛṣṇa explains purpose of the universal form and tells Arjuna to fight

### [35-46] Arjuna prays, begs for forgiveness, and requests to see the four-armed form

- 35-40. Arjuna prays
- 41-44. Arjuna begs for forgiveness for past behaviors
- 45-46. Arjuna requests to see the four-armed form

### [47-50] Glory of the universal form and display of the four-armed and two-armed forms

- 47-48. Glory of the universal form
- 49-50. Display of the four-armed and two-armed forms

### [51-55] Kṛṣṇa's two-armed form / Qualifications to see and understand Kṛṣṇa

- 51-53. Supremacy of Kṛṣṇa's two-armed form
  - 54-55. Qualifications to see and understand Kṛṣṇa
- 

*"Hari Om Tat Sat"*

## *Chapter 12*

# Devotional Service

---

### [1-7] Personal worship vs. Impersonal worship

1. Arjuna inquires about personal and impersonal worship
2. Superiority of personal worship
- 3-5. Inferiority of impersonal worship
- 6-7. Special mercy of Kṛṣṇa for personal worshippers

### [8-12] Stages of devotional service

8. Fixing the mind and intelligence on Kṛṣṇa
9. Following the regulative principles
10. Working for Kṛṣṇa
11. Surrendering the results of ones work
12. Cultivating meditation or knowledge

### [13-20] Qualities of a pure devotee

- 13-14. Twelve qualities of a pure devotee
  15. Six qualities of a pure devotee
  16. Six qualities of a pure devotee
  17. Five qualities of a pure devotee
  - 18-19. Ten qualities of a pure devotee
  20. Kṛṣṇa's most dear devotee
- 

*“Hari Om Tat Sat”*

*Chapter 13*  
**Nature, the Enjoyer, and Consciousness**

---

**[1] Arjuna's 6 questions**

1. Arjuna inquires about:
  1. prakṛti [nature]
  2. puruṣa [the enjoyer]
  3. kṣetra [the field]
  4. kṣetrajña [the knower of the field]
  5. jñāna [knowledge]
  6. jñeya [the object of knowledge]

**[2-7] Kṣetra & Kṣetrajña (3 & 4)**

- 2-5. Description of Kṣetra and Kṣetrajña
- 6-7. Summary of Kṣetra

**[8-19] Jñāna & Jñeya (5 & 6)**

- 8-12. Jñāna
- 13-18. Jñeya
19. Prerequisite and result of knowing Kṣetra, Jñāna, and Jñeya

**[20-35] Prakṛti & Puruṣa (1 & 2)**

- 20-23. Prakṛti and Puruṣa
  24. Result of knowing Prakṛti and Puruṣa: liberation
  - 25-26. Other methods of attaining liberation: Dhyanā, Jñāna, Karma, Bhakti
  - 27-35. Result of liberation through knowledge: realized vision
- 

*“Hari Om Tat Sat”*

*Chapter 14*  
**The Three Modes of Material Nature**

---

**[1-4] Glory of knowledge / Creation of the material world**

- 1-2. Glory of knowledge
- 3-4. Creation of the material world

**[5-20] Analysis of the three modes of material nature**

- 5. Introduction to the three modes
- 6-9. Nature of the three modes and how they bind the soul
- 10-13. Recognizing a mode's supremacy
- 14-15. Result of dying in the three modes
- 16. Result of actions in the three modes
- 17-18. Result of the three modes summarized
- 19-20. Result of transcending the three modes

**[21-27] Transcending the three modes of material nature**

- 21. Arjuna inquires about:
    - 1. Symptoms
    - 2. Behavior
    - 3. Process of transcending the modes
  - 22-25. Symptoms and Behavior: Answers 1 & 2
  - 26. Process of transcending the modes: Answer 3
  - 27. Conclusion
- 

*“Hari Om Tat Sat”*

*Chapter 15*  
**The Yoga of the Supreme Person**

---

**[1-6] Material world and the spiritual world**

- 1-2. Understanding the material world
- 3-4. Leaving the material world and going to the spiritual world
- 5-6. Spiritual world and the qualities required to go there

**[7-11] Transmigration of the soul**

- 7. Constitutional position of the soul
- 8-9. Transmigration of the soul
- 10-11. Wise can understand transmigration of the soul, fools cannot

**[12-15] Appreciating Kṛṣṇa's position as the maintainer**

- 12-13. External maintenance
- 14-15. Internal maintenance

**[16-20] Summary of the Vedas**

- 16. Two types of living beings: the fallible and the infallible
  - 17-18. The Supreme living being is the Lord Himself
  - 19-20. Essence of the Vedas
- 

*“Hari Om Tat Sat”*

*Chapter 16*  
**The Divine and Demoniatic Natures**

---

**[1-5] Divine and demoniac qualities and their results**

- 1-3. Divine qualities
- 4. Demoniatic qualities
- 5. Results of divine and demoniac qualities

**[6-20] Demoniatic life**

- 6-12. Belief and behavior
- 13-15. Thoughts and Mentality
- 16. Results of demoniac life
- 17-18. More behavior
- 19-20. Destination

**[21-24] Freedom from demoniac life / Attaining perfection**

- 21-22. Give up lust, anger, and greed
  - 23-24. Act according to directions of the scriptures
- 

*“Hari Om Tat Sat”*



*Chapter 17*  
**The Divisions of Faith**

---

**[1-6] Types of conditioned faith**

1. Arjuna inquires about the faith of those who do not follow scriptures
- 2-4. Faith in the three modes
- 5-6. Behavior of a person who does not follow scriptures

**[7-22] Symptoms of conditioned faith**

- 7-10. Foods in the three modes
- 11-13. Sacrifices in the three modes
- 14-16. Austerities of the body, speech and mind
- 17-19. Austerities in the three modes
- 20-22. Charities in the three modes

**[23-28] Freedom from the defects in sacrifice, austerity and charity**

23. Introduction to “Om Tat Sat”
  24. Use of “Om”
  25. Use of “Tat”
  - 26-27. Use of “Sat”
  28. Conclusion / Definition of “Asat”
- 

*“Hari Om Tat Sat”*

*Chapter 18*  
**Conclusion — The Perfection of Renunciation**

---

**[1-12] Renunciation and the Renounced order of life**

1. Arjuna inquires about renunciation and renounced order
- 2-3. Renunciation and renounced order according to learned men
- 4-6. Kṛṣṇa's opinion about renunciation
- 7-9. Renunciation in the three modes
- 10-12. Relationship between renunciation and renounced order

**[13-18] Actions**

- 13-17. Five factors of action
18. Three factors that motivate action and the three constituents of action

**[19-40] Three modes control all activities**

- 19-22. Knowledge in the three modes
- 23-25. Actions in the three modes
- 26-28. Performers of actions in the three modes
- 29-32. Understandings in the three modes
- 33-35. Determinations in the three modes
- 36-39. Happiness in the three modes
40. Conclusion

**[41-48] Perfection through occupational work**

- 41-44. Four classes of men and their occupational work
- 45-48. Occupational work should be performed with devotion and detachment

**[49-54] Perfection through renunciation**

49. Prerequisite
- 50-53. Process
54. Result

**[55-66] Perfection through devotional service**

- 55-63. Working in devotional service and its result
- 64-66. The most confidential knowledge

**[67-78] Glory and Conclusion of Bhagavad-Gītā**

- 67-71. Preaching and learning the Bhagavad-Gītā
- 72-73. Arjuna's ignorance dispelled
- 74-78. Sañjaya's conclusion and prediction

---

*“Hari Om Tat Sat”*